

Word of Life Christian Academy

Lunch Menu

K5 -8th Grade

Monday	Tuesday	Wednesday	Thursday	Friday
2 HOLIDAY	3 CHOOSE ONE *Chicken Nuggets * Turkey n cheese sub Potato Fries *Yogurt n side salad Veg of Day Fruit of Day	4 CHOOSE ONE *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub *Yogurt n side salad Potato Wedges Fruit & Veg of Day	5 CHOOSE ONE *Chicken w veggies over basmati rice * Ham n Cheese *Yogurt n side salad Veg of Day Fruit of Day	6 CHOOSE ONE *Cheese Pizza *Pepperoni Pizza * Yogurt n side salad Carrots w/dip Fruit of Day
9 CHOOSE ONE *beef cheese macaroni * Ham n Cheese Sand *Yogurt n side salad Veg of Day Fruit of Day	10 CHOOSE ONE *Baked Chicken Patty *Grilled Cheese(Wheat) Potato Fries Veg of Day Fruit of the Day	11 CHOOSE ONE *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub *Yogurt n side salad Potato Wedges Lettuce n tomato Fruit & Veg of the Day	12 CHOOSE ONE *Baked Ziti *Turkey n Cheese Sub *Yogurt n side salad Garlic Bread Green Beans Fruit of the Day	13 CHOOSE ONE *Cheese Pizza *Pepperoni Pizza * Yogurt n side salad Carrots w/dip Fruit of Day
16 CHOOSE ONE *Creamy Chicken with egg Noodle * Grilled Cheese * Yogurt n side salad Veg of Day Fruit of Day	17 CHOOSE ONE * Chicken burito tortilla chips *Turkey Cheese Sub * Yogurt n side salad Veg of Day Fruit of the Day	18 CHOOSE ONE *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub *Yogurt n side salad Potato Wedges Lettuce n tomato Fruit & Veg of the Day	19 CHOOSE ONE *Chicken Teriyaki w/white Rice * Ham n Cheese Sand *Yogurt n side salad Veg of Day Fruit of the Day	20 CHOOSE ONE *Cheese Pizza *Pepperoni Pizza * Yogurt n side salad Carrots w/dip Fruit of Day
23 CHOOSE ONE * Corn dogs Potato Wedge *Grilled Cheese * Yogurt n side salad Veg of Day Fruit of the day	24 Choose One *Pancakes w syrup Sausage, Scrambl'd Eggs *Turkey n Cheese Sub * Yogurt n side salad Veg of Day Fruit of the day	25 Choose One *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub Potato Wedges Lettuce n tomato Carrots w/ dip Fruit of Day	26 Choose One * Chicken Pasta w Spinach Pesto (no nuts) * Grilled Cheese * Yogurt n side salad Green Beans Fruit of Day	27 Choose One *Cheese Pizza *Pepperoni Pizza * Yogurt n side salad Carrots w/dip Fruit of Day
30 Choose One *Mac n Cheese Fish Sticks * Turkey n Cheese Sub Veg of Day Fruit of Day				

SEPTEMBER 2019

School Lunch is \$5.00 includes Milk, Chocolate Milk available for additional \$.25

Lunch Order Form

AUG/SEPT 2019

Name _____

Grade _____

- A) Circle the Days of the Month You Would like Lunch
- B) Circle the Entrée choice within each day
- C) Add the number of days Circled
- D) _____ Number of Days X \$5.00 = \$ _____
- E) Monthly Special 25 lunches @ \$4.00 #####
- F) Make Check Payable to **Big Rich's Canteen**
- G) Return Form to Teacher

email: br.canteen@gmail.com

Menu items subject to change based on availability