

Word of Life Christian Academy

Lunch Menu

Academy

Monday	Tuesday	Wednesday	Thursday	Friday
8 Choose One *Mac n Cheese Baked Fish Sticks * Grilled Cheese * Yogurt n side salad Peas and Carrots Fruit of Day	9 Choose One *Beef Taco's Nacho Chips Refried Beans *Turkey n Cheese Sub * Yogurt / Salad Bar Mixed Vegetables Fruit of the day	10 Choose One *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub Potato Wedges/Fries Lettuce n tomato Carrots/Celery Fruit of Day	11 Choose One *Chicken Alfredo w Spinach *Chicken Salad Sandw * Yogurt/ Salad Bar Green Beans Fruit of Day	12 Choose One *Grilled Chicken Sand * Turkey n Cheese Sub * Yogurt/ Salad Bar French Fries Carrots/Celery Fruit of Day
15 Choose One *Chicken Rice Burrito Pinto Beans * Grilled Cheese * Yogurt n side salad Broccoli Fruit of Day	16 Choose One *Salisbury steak Mashed Potatoes Corn Bread *Turkey n Cheese Sub * Yogurt/ Salad Bar Mixed Vegetables Fruit of the day	17 Choose One *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub Potato Wedges/Fries Lettuce n tomato Carrots/Celery Fruit of Day	18 Choose One * Beefy Baked Ziti *Chicken Salad Sandwich * Yogurt/ Salad Bar Green Beans Fruit of the Day	19 Choose One * Cheese Pizza * Turkey n Cheese Sub * Yogurt/ Salad Bar Carrots/Celery Fruit of Day
22 Choose One *Asian Meatball Sub Tator Tots * Turkey n Cheese Sub * Yogurt/ Salad Bar Broccoli Fruit of Day	23 Choose One *Chicken Teriyaki Rice *Turkey n Cheese Sub * Yogurt/ Salad Bar Mixed Vegetables Fruit of the day	24 Choose One *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub Potato Wedges/Fries Lettuce n tomato Carrots/Celery Fruit of Day	25 Choose One * Spaghetti w/ Tomato Sauce with meatballs *Chicken Salad Sandwich * Yogurt/ Salad Bar Green Beans Fruit of the Day	26 Choose One *Baked Chicken Sandwich Potato fries *Turkey n Cheese Sub * Yogurt/ Salad Bar Carrots/Celery Fruit of the day
29 Choose One *BBQ turkey Quesa Nacho chips * Grilled Cheese * Yogurt/ Salad Bar Broccoli Fruit of the Day	30 Choose One *Orange Chicken with white Rice * Yogurt/ Salad Bar Mixed Vegetables Fruit of the Day	10/1 Choose One *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub Potato Wedges/Fries Lettuce n tomato Carrots w/ dip Fruit of Day	10/2 Choose One *Chicken Nuggets Baked Sweet Potato *Chicken Salad Sandwich * Yogurt/ Salad Bar Carrots/Celery Fruit of the Day	10/3 Choose One *Cheese Pizza *Turkey n Cheese Sub * Yogurt/ Salad Bar Carrots/Celery Fruit of Day
<div>SEPTEMBER 2025</div>				

School Lunch is \$7.00 includes Milk, Chocolate Milk available for additional \$.50

Elementary

Lunch Order Form

SEPTEMBER 2025

Name _____ Grade _____


Email _____

A) Circle the Days of the Month You Would like Lunch

Circle the Entrée choice within each day

B) _____ Number of Days X **\$7.00** = \$ _____

1) Make Check Payable to **Big Rich's Canteen**

2) Make Payment through 
@Rich_Ametin

3) Make payment by Credit Card
an Invoice will be emailed to you **Service Charge Applied**

c) **Return Form to Teacher**
email: br.canteen@gmail.com 703 772 8700

Menu items subject to change based on availability