

Word of Life Christian Academy

Lunch Menu

Academy

Monday	Tuesday	Wednesday	Thursday	Friday
3 Choose One *Mac n Cheese Baked Fish Sticks * Grilled Cheese * Yogurt n side salad Peas and Carrots Fruit of Day	4 Choose One *Adobo Chicken Leg White Rice *Turkey n Cheese Sub * Yogurt / Salad Bar Mixed Vegetables Fruit of the day	5 Choose One *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub Potato Wedges/Fries Lettuce n tomato Carrots/Celery Fruit of Day	6 Choose One * Chicken Alfredo w/ spinach *Chicken Salad Sandwich * Yogurt/ Salad Bar Mixed Vegetables Fruit of the Day	7 Choose One * Cheese Pizza * Turkey n Cheese Sub * Yogurt/ Salad Bar Carrots/Celery Fruit of Day Fruit of the day
10 HOLIDAY	11 HOLIDAY VETERANS DAY	12 Choose One *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub Potato Wedges/Fries Lettuce n tomato Carrots/Celery Fruit of Day	13 Choose One *Chicken Enchiladas Spanish Rice *Turkey n Cheese Sub * Yogurt/ Salad Bar Mixed Vegetables Fruit of the day	14 Choose One * Cheese Pizza * Turkey n Cheese Sub * Yogurt/ Salad Bar Carrots/Celery Fruit of Day
17 Choose One Chicken Nuggets Tator Tots * Yogurt/ Salad Bar * Turkey n Cheese Sub * Yogurt/ Salad Bar Fruit of Day	18 Choose One *Orange Chicken Fried Rice *Turkey n Cheese Sub * Yogurt/ Salad Bar Mixed Vegetables Fruit of the day	19 Choose One *Hamburger on Bun *Cheeseburger on Bun *Turkey n Cheese Sub Potato Wedges/Fries Lettuce n tomato Carrots/Celery Fruit of Day	20 * Beefy Baked Ziti *Chicken Salad Sandwich * Yogurt/ Salad Bar Seasoned Green Beans Fruit of the Day	21 Thanksgiving Lunch
24 Thanksgiving Break	25 Thanksgiving Break	26 Thanksgiving Break	27 Happy Thanksgiving Thanksgiving Break	28 Thanksgiving Break
NOVEMBER 2025				

School Lunch is \$7.00 includes Milk, Chocolate Milk available for additional \$.50

Elementary

Lunch Order Form

NOVEMBER 2025

Name _____ Grade _____

Email _____

A) Circle the Days of the Month You Would like Lunch

Circle the Entrée choice within each day

B) _____ Number of Days X **\$7.00** = \$ _____

1) Make Check Payable to **Big Rich's Canteen**

2) Make Payment through 
@Rich_Ametin

3) Make payment by Credit Card
an Invoice will be emailed to you **Service Charge Applied**

c) **Return Form to Teacher**
email: br.canteen@gmail.com 703 772 8700

Menu items subject to change based on availability